

# THE SIR EDMUND HILLARY FOUNDATION OF CANADA

OCTOBER 2007

## The Sir Edmund Hillary Foundation

### Patron

The Honourable Lincoln M. Alexander  
P.C., C.C., K.S.T.J., O.ONT. C.D., B.A., LL.B., Q.C.

### Founder and Executive Director

W. F. O'Connor

### Officers

K. O'Connor, President  
Sir Edmund Hillary, Executive Vice-President  
R. R. Vezér, Secretary  
R. G. Westlake, Vice-President  
Dr. J. Ford, Senior Medical Officer

### Directors

C. D. G. Cole  
Dr. J. Ford  
Sir E. Hillary  
R. Kolbuc  
N. McElhinney  
K. O'Connor  
C. R. Sharpe  
R. R. Vezér  
L. Visosky  
P. W. Webster  
R. G. Westlake  
C. A. Whicher  
Dr. R. Zimmerman

### Meeting of the Board of Directors

June 11, 2007  
Sears Canada Inc. Boardroom  
222 Jarvis Street  
Toronto, Ontario M5B 2B8

### Guest at the Board Meeting

Emmy Shiffman, Legal Counsel  
Sears Canada Inc.

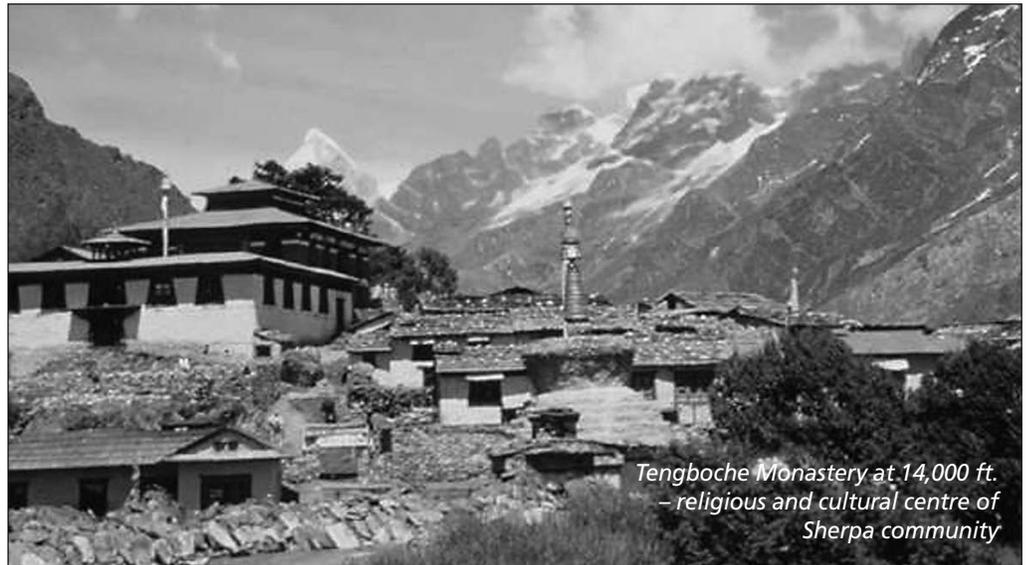
### Main discussion of the Meeting centered on:

- Report by the Executive Director
- Remarks by the President
- Mingma Norbu Scholarships
- Report by the Medical Committee
- Financial Report
- Other Business

## The Sir Edmund Hillary Foundation

222 JARVIS STREET • TORONTO,  
ONTARIO • CANADA M5B 2B8  
TEL: (416) 941-3315 • FAX: (416) 941-2321  
website: [www.thesiredmundhillaryfoundation.ca](http://www.thesiredmundhillaryfoundation.ca)  
email: [zoconno@sears.ca](mailto:zoconno@sears.ca)

Registered Ontario, Canadian  
Charitable No. 119150837 RR0001



*Tengboche Monastery at 14,000 ft.  
– religious and cultural centre of  
Sherpa community*

## PRESIDENT'S REPORT

June 2007

I would like to **thank the Board of Directors** for their support in appointing me to replace my father, Zeke O'Connor, as President of the Foundation. As we all know, Zeke's shoes are large shoes to fill and it is with some trepidation that I attempt to fill them. I would not have been able to accept this position if it were not for Zeke continuing to steer this Foundation towards success by remaining on the Board as Executive Director.

My role is to look to the future, and I do so with the intention of strengthening the areas in which the Foundation has been so successful and expanding in other areas.

The Kunde Hospital is well situated with the leadership of **Dr. Kami Temba and with the scholarship Doctors** following in his footsteps. It has been an amazing story to be able to continue to turn back the care to a local qualified Nepalese Doctor, and great foresight by the Board to continue the legacy with the additional scholarships.

As I begin my tenure as President, I suggest that we widen our focus on the greening of the Solu Khumbu region. **The Sagarmatha Forestry** program has been widely accepted as another successful program funded by the Foundation. However, as we all become increasingly aware of the issues surrounding global warming, I believe that we should continue to look to other ways of reducing our environmental footprint. One such suggestion is to establish a new "Green Committee" to work in tandem with the Pollution Committee which already exists in Nepal.

This initiative also ties in nicely with **the literacy program** of the Foundation, especially as we move forward to re-establish this program by incorporating an explanation of the importance of conservation and sustainability in the region and how it affects local families and the rest of the world.

There will always be a mystery to the Mountain and even with the expanding numbers who are able to say they have summited Everest, it draws great respect from the majority who will never achieve this feat and increasing interest in the Sherpas who call it home.

The Foundation continually seeks the support of those people who have an interest in Mount Everest and the Solu Khumbu region – both those who have been fortunate enough to visit, and those who dream of visiting. Those who share Sir Edmund and Zeke's desire to give back to the region and its people can see their donations used to better the quality of life in Nepal.

As we look for other alternatives for fundraising, I suggest that we expand on my father's compassionate gesture of planting trees in the name of loved ones who have passed.

In closing, I intend to continue to work closely with the local **Sherpa's Himalayan Trust Nepal** to ensure the continued success of the Foundation's initiatives. The Board's participation has been an integral part of the success of such initiatives over the past 30 years.

I look forward to and am grateful for this wonderful opportunity.

Karen O'Connor

# THE SIR EDMUND HILLARY FOUNDATION

## KUNDE HOSPITAL 2007



### Kunde Hospital's New Patient Waiting Room

In 2006 a new block was built for the patient's waiting room during bad weather situation. This new block is also to be used as a classroom for refresh training for the village health workers around Kunde Hospital from time to time and services as a comfortable welcoming area for the elderly, children and family members waiting to see a medical doctor.

*"For five hours I carried my sick pregnant sister from my village Pangboche, to the Kunde Hospital. If it wasn't for the Foundation funding that Hospital, my sister and her unborn child would have died."*

*Ang Dorjee Sherpa - 11 time Summiteer*

### Congratulations!

I am Tshering Wangdi Sherpa. I was born in Thame, a small village in the Khumbu region in November 1983. I did my primary schooling at the Thame primary school and later continued in Kathmandu. I then joined Kathmandu University Medical School and recently completed my degree in medicine. I am now beginning my internship.

The Sir Edmund Hillary Foundation has a big hand in what I have achieved so far. The support that the Foundation has given to me and many other Sherpa students is the most that we could dream of and I would like to express my heartfelt gratitude for all the love and support that have been given to us.

I look forward to practicing at the Kunde Hospital.



*Tshering  
Wangdi  
Sherpa*



### Kunde Hospital Team

**Kunde Hospital** has not missed providing quality and efficient medical services by our good team of staff.

**Dr. Kami Temba Sherpa** is our valuable asset for the long-term running of Kunde Hospital. He has maintained the Hospital in excellent condition in all aspects, medical, physical facilities and spirit of the Hospital staff.

**Mingma Temba Sherpa** has more than 25 years of experience at Kunde Hospital. His primary responsibilities are financial

administrator, medical assistant and working with hospital supplies from local market and from Kathmandu.

**Gyesi Nuru Sherpa** works as medical assistant and lab technician.

**Nima Yangji Sherpa** is a nurse.

**Tsamji Sherpa** keeps the hospital, kitchen and courtyard clean and helps with cooking.

**Ang Lhamu Sherpa** is a cook.

**Shanta Kumar BK** is the mail runner to and from Kathmandu.

## KUNDE HOSPITAL 2007

Board of Directors  
The Sir Edmund  
Hillary Foundation

September 2, 2007

Namaste. I am very excited to report to you and the Board of Directors of The Sir Edmund Hillary Foundation of Canada that my five years of medical school has come to an end. My internship ended yesterday. I did my internship at Nepal Medical College Hospital and very pleased to inform that it went exceedingly well. I want to express my gratitude to you and the Directors of The Sir Edmund Hillary Foundation for your kind financial support for my education. I could never have achieved my dream without your support.

I promise to fulfill your expectations of my service in my community in every way possible. I would like to repay your support by working in a Sherpa community and since I grew up in Solu area, I am not only suitable but also a very willing candidate. I feel very strongly about the well-being about my community.

I look forward to my time assisting  
Dr. Kami at Kunde.

Mingmar Chhiring Sherpa



*Mingmar Chhiring Sherpa, Graduate Doctor*

# THE SIR EDMUND HILLARY FOUNDATION

## David W. Crichton 1942-2007

*It is my unpleasant task to inform you of the death of our long-time supporter and the recipient of the "2003 Volunteer of the Year Award" – David W. Crichton. Mr. Crichton passed away on July 8, 2007. In addition to being our Auctioneer for 20 years at The Sir Edmund Hillary Foundation (SEHF) Black Tie Dinners and a founding member of Special Olympics Nepal Committee, David also auctioneered fundraising events for the Committee as well as The King Mahendra Trust for Nature Conservation in Nepal. He assisted many humanitarian charitable organizations voluntarily. These included Canada's Baseball Hall of Fame as a Founding Board Member, Canada's Sports Hall of Fame as a volunteer for more than 20 years and as a volunteer on the Conn Smythe Easter Seal dinner committee. David, a close friend of many of us here at the SEHF will be sadly missed but never forgotten. Our thoughts and prayers are with his family.*

## Fundraisers

You are Invited to

### THE SIR EDMUND HILLARY FOUNDATION GALA DINNERS & AUCTIONS

#### Calgary Dinner

Friday, November 2, 2007  
The Fairmont Palliser Hotel, Calgary

Info Phone:  
Byron Smith - 403-585-6266



#### Toronto Dinner

Wednesday, November 7, 2007  
The Fairmont Royal York Hotel, Toronto

Info Phone:  
Zeke O'Connor - 416-941-3315

## Budget Benefits Stock Donations

The 2006 Federal budget greatly improved the tax situation for donations of stocks and securities to charities. Selling appreciated stocks or securities results in capital gains tax being payable. Since 1997 the capital gains tax was reduced by 50% if the security was donated to a charity. Under the provision of the 2006 budget, the capital gains tax is now reduced to zero! Canadians who donate stocks to their favourite charity will

now pay no capital gains tax on the growth of those shares and will get a tax receipt for the full value of the shares.

Many Canadian residents hold shares of demutualized insurance companies and a telephone utility company as well as other securities with large accumulated capital gains. By donating these to their favourite charity, they can not only benefit the charity

but avoid all capital gains tax which otherwise will be owing on the sales of the shares or the death of the owner.

Talk to your lawyer, financial planner or accountant about how you can donate your appreciated shares or make financial bequests to your favourite charity and make a difference in many lives that follow.